



Saint Ambrose of Woodbury Lunch Menu

November
2019

"Fresh Vegetable Choices and Seasonal Fruit are offered Daily on the Fruit & Vegetable Bar"



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ChooseMyPlate.gov</p>				<p>①</p> <p>Cheese or Pepperoni Pizza</p> <p>Italian Meatball Sub</p> <p>Chicken Salad Croissant</p> <p>Salad Bar</p> <p>Roasted Broccoli</p>
<p>④ Jack Wallin Week</p> <p>Pasta with Meat Sauce Garlic Bread</p> <p>BBQ Pulled Pork on Pretzel Bun</p> <p>Ham Munchable</p> <p>Salad Bar</p>	<p>⑤ Jack Wallin Week</p> <p>Built your own Cereal Bowl Cinnamon Roll & Cheese Stick</p> <p>Macaroni & Cheese</p> <p>Buffalo Chicken Salad</p> <p>Salad Bar</p>	<p>⑥ Jack Wallin Week</p> <p>Beefy Nachos w/Homemade Cheese Sauce</p> <p>Chicken and Cheese Quesadilla</p> <p>Turkey BLT Wrap</p> <p>Salad Bar</p>	<p>⑦ Jack Wallin Week</p> <p>All American Burger</p> <p>Chicken Fried Rice Egg Roll</p> <p>Ham Deli Sub Sandwich</p> <p>Salad Bar</p> <p>California Blend Vegetable</p>	<p>⑧ Jack Wallin Week</p> <p>Pancakes Sausage Patty</p> <p>Biscuits & Gravy</p> <p>Yogurt Pak with Bagel</p> <p>Salad Bar</p> <p>Tri Tater</p>
<p>⑪ Veteran's Day Dinner</p> <p>Homemade Meatloaf Mash Potato & Gravy Peas & Carrots, Dinner Roll</p> <p>Chicken Patty on a WG Bun</p> <p>Pretzel Stick with Cheese Dip</p> <p>Salad Bar</p>	<p>⑫ HOM Bay Leaf</p> <p>Grilled Cheese Sandwich</p> <p>Corn Dog</p> <p>7 Layer Salad</p> <p>Salad Bar</p> <p>Beef Vegetable Soup</p>	<p>⑬</p> <p>Cheese or Pepperoni Pizza</p> <p>Ham, Egg & Cheese on Bagel</p> <p>Ham Deli Sub Sandwich</p> <p>Salad Bar</p> <p>Caesar Side Salad</p>	<p>⑭</p> <p>Walking Taco</p> <p>BBQ Pulled Pork on Pretzel Bun</p> <p>Chicken Waldorf Salad</p> <p>Salad Bar</p>	<p>⑮</p> <p>Popcorn Chicken Bites Parmesan Noodles</p> <p>Italian Turkey Panini</p> <p>Honey Mustard Ham Wrap</p> <p>Salad Bar Green Beans M&M Cookie</p>
<p>⑱</p> <p>Chicken Waffle Sandwich</p> <p>Sloppy Taco Sandwich</p> <p>Buffalo Chicken Wrap</p> <p>Salad Bar</p> <p>Tator Tots</p>	<p>⑲ HOM Broccoli</p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Cheese Calzone</p> <p>Ham Deli Sub Sandwich</p> <p>Salad Bar</p> <p>Broccoli Salad</p>	<p>⑳</p> <p>Pasta with Meatballs Garlic Bread Stick</p> <p>Cheesy Italian Flatbread</p> <p>Egg Salad Slider</p> <p>Salad Bar</p> <p>Garden Salad</p>	<p>㉑ Turkey Dinner</p> <p>Roast Turkey Mash Potato & Gravy Bread Stuffing & Cranberries</p> <p>BBQ Rib Sandwich</p> <p>Ham & Cheese on a Bagel</p> <p>Salad Bar</p> <p>Green Beans</p>	<p>㉒</p> <p>Classic Cheeseburger</p> <p>Fish Nugget</p> <p>Yogurt Pak with Bagel</p> <p>Salad Bar</p> <p>Kettle Potato Chips</p>
<p>㉔</p> <p>Beef Chili Cornbread</p> <p>Beef Hotdog on Whole Grain Bun</p> <p>Harvest Chicken Salad</p> <p>Salad Bar</p>	<p>㉔ HOM Dates</p> <p>Crispy Chicken Tenders Soft Pan Roll</p> <p>Salisbury Steak Sandwich</p> <p>Buffalo Chicken Salad</p> <p>Salad Bar Mash Potato & Gravy Oatmeal Date Squares</p>	<p>㉔ Thanksgiving Break</p>	<p>㉔ "Happy Thanksgiving"</p>	<p>㉔ Thanksgiving Break</p>

INFORMATION	Regular	\$3.40
	Adult	\$4.10
	Extra Entree	\$2.00
	Milk	\$0.60

EXTRA INFO

Milk Choice of 1% White, Skim, Chocolate or Strawberry is included with Lunch.
For Questions or Comments contact the Food Service at foodservice@saintambroseschool.org or call 651.768.3028



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