



"Don't Forget to Eat Your Vegetables"

# Saint Ambrose of Woodbury Lunch Menu

"Fresh Vegetable Choices and Seasonal Fruits are offered Daily on the Fruit & Vegetable Bar"

January 2019

## MONDAY



## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**1**

**Happy New Year**

No School

**2**

Roast Pork & Gravy  
Cornbread

Crispy Chicken Nuggets  
Whole Grain Dinner Roll  
Ham Munchable

Salad Bar  
Cranberry Pear Salad  
Mashed Potatoes

**3**

**HOM: Grapefruit**

Corn Dog

BBQ Pulled Pork on Pretzel Bun

Ham Deli Sub Sandwich

Salad Bar

**4**

Cheese or Pepperoni Pizza

Creamy Chicken Enchilada Bake  
Cilantro Lime Rice

Honey Mustard Ham Wrap

Salad Bar

**7**

Pancakes  
Sausage Patty

Biscuits & Gravy

WG Chips, Salsa & Cheese Cubes

Salad Bar

**8**

Roast Pork & Gravy

Crispy Chicken Tenders

Turkey Deli Sub Sandwich

Salad Bar

Mash Potato & Roll  
Warm Cinnamon Apples

**9**

Grilled Cheese Sandwich  
Tomato Soup

BBQ Chicken Sandwich

Ham Deli Sandwich

Salad Bar

Birthday Cup Cake

**10**

French Bread Pizza

Chicken Fried Rice  
Egg Roll

Turkey Cranberry Wrap

Salad Bar

Roasted Cauliflower

**11**

**National Milk Day**

Build Your Own Cereal Bowl  
Cheese Stick & Cinnamon Roll

Cheeseburger on Bun

Yogurt Pak with Bagel

Salad Bar

**14**

**HOM: Basil and Onion**

Cheesy Italian Flatbread

Hamburger on a Bun

Turkey BLT Wrap

Salad Bar

Smiley Fries

**15**

Chicken Patty on a WG Bun

BBQ Rib Sandwich

Buffalo Chicken Salad

Salad Bar

Kettle Potato Chips  
Pickle Slice

**16**

Spaghetti with Meat Sauce  
Cheesy Garlic Toast

Italian Stromboli

Pretzel Bites w/Cheese Cubes

Salad Bar

Garden Salad

**17**

Beefy Nachos with Cheese

Tex Mex Bowl

Turkey Deli Sandwich

Salad Bar

Refried Beans

**18**

Cheese Pizza

Roast Turkey & Gravy  
Mashed Potatoes

Yogurt Pak with Bagel

Salad Bar

Chocolate Chip Cookie

**21**

**Martin Luther King Day**

No School

**22**

**Southern Food Day**

Cinnamon French Toast  
Sausage Patty

Hot Ham & Cheese Flatbread

Chicken Caesar Salad

Salad Bar

Breakfast Potatoes

**23**

Beef Stroganoff  
Whole Grain Dinner Roll

Italian Meatball Sub

Pizza Munchable

Salad Bar

Broccoli & Rice Krispie Treat

**24**

Crispy Chicken Nuggets

Fish Sandwich

Turkey Deli Sub Sandwich

Salad Bar

Potato Pancakes & Pickles  
Whole Grain Dinner Roll

**25**

Texas Chili  
Cornbread

Chili Dog

Honey Mustard Ham Wrap

Salad Bar

Seasoned Ranch Wedges

**28**

Popcorn Chicken Bites  
Brown Rice

Cowboy BBQ Burger

WG Chips, Salsa & Cheese Cubes

Salad Bar

**29**

Lasagna Rollup with Sauce  
Garlic Toast

BBQ Pulled Pork on Pretzel Bun

Turkey BLT Sandwich

Salad Bar

**30**

Walking Taco  
Lettuce, Tomato, Cheese

Chicken Quesadilla

Yogurt Pak with Bagel

Salad Bar

Spicy Pinto Beans

**31**

Oven Roasted Chicken  
French Bread

Roasted Hot Dog on a Bun

Turkey Cranberry Wrap

Salad Bar

Garlic roasted Potatoes &



**Prices**

Regular	\$3.25
Adult	\$4.10
Extra	\$2.00
Milk	\$0.60



**EXTRA INFO**

"Milk Choice of 1% White, Skim, Chocolate or Strawberry is included with Lunch".  
For Questions or Comments, contact the Food Service at [foodservice@saintambroseschool.org](mailto:foodservice@saintambroseschool.org) or call 651.768.3028

